

Media Release

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“The Villas at Gwinganna” open – a new level of accommodation for health retreats

The award winning Gwinganna Lifestyle Retreat has announced the opening of three new luxury villas. The Villas at Gwinganna are situated in a secluded area of the retreat, on the edge of a ridge, providing spectacular ocean and valley views of the Gold Coast.

Two studio villas and a two bedroom villa are due to open from April and will allow guests to experience a new level of accommodation at an Australian health retreat. The Villas are built from reclaimed timbers and feature king size beds, spacious ensuite bathrooms, and stylish interiors with high ceilings.

Each villa has a private deck with day bed and infinity edge plunge pool to capture the morning sunrise or to enjoy the calm of twilight listening to the native birdlife.

Set in the Tallebudgera Valley on over 200 hectares of Gold Coast hinterland, Gwinganna provides guests with a rare opportunity to recharge and embrace a lifestyle of health and wellness. Whether it is a weekend stay to experience the largest spa in the Southern hemisphere or a seven day detox program, a stay in The Villas offers guests greater comfort, privacy and convenience.

Guests in The Villas can also take advantage of a private laundry with washer and dryer, Bose sound system with complimentary iPod and use of a buggy for easy access to the main village and facilities.

Owner and founder of Gwinganna Lifestyle Retreat, Tony De Leede says, “it was my intention to create a new level of accommodation previously not available in an Australia health retreat destination. The Villas are the final piece in the Gwinganna development and the area upon which they are located was specifically chosen, just like other areas of the property, to take advantage of its remoteness, striking valley vistas and natural bushland charm.”

Gwinganna has two other styles of accommodation available including fully restored Heritage style houses and the superior Orchard Suite accommodation also built from reclaimed timbers.

Gwinganna's retreats range from two to seven days and packages are fully inclusive of all organic meals, activities, lifestyle seminars, courtesy transfers from Gold Coast airport and selected spa treatments or spa credit. Packages in The Villas start from \$1400 per person, fully inclusive for a two night stay. Visit www.gwinganna.com or phone toll free within Australia on 1800 219 272 for more details.

- ENDS –new

Set in the Gold Coast hinterland with ocean and valley views, Gwinganna Lifestyle Retreat stands apart as a destination that will inspire the desire to live a healthier life. Experience innovative wellness programs, specialty spa treatments, superb organic cuisine and extensive facilities including the unique Spa Sanctuary. Just 30 minutes from Gold Coast airport, accommodation is stylish and relaxed with various options available, all featuring their own bathroom or ensuite. Retreats are 2, 3, 4, 5, 6 or 7 day stays and have set arrival dates. Packages are fully inclusive of all organic meals, accommodation, all activities and some spa treatments. Courtesy transfers available at set times from Gold Coast airport

Winner – Spa Finder Crystal Award for Favourite Spa in Australia 2008

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