

News from Ayurda

Dr Ajit is recognised by industry peers.

AYA (Ayurveda Yoga Australia) presented "***The Acharya Upendra Roy Award***" to ***Dr S. Ajit for his outstanding efforts in propagation of Ayurveda in New Zealand and Australia*** at the 2nd International Ayurveda and Yoga conference held at the city Recital Hall, Angel Place, Sydney, Australia 2009.

AYA organised this landmark event, with the aim of to create awareness about holistic health to showcase the benefits and relevance of these sciences to improving health in the wider community and to bolster the holistic health industry, where Dr S. Ajit has presented his paper "The pathogenesis of Mental Ailments – An Ayurvedic Perspective".

Dr Ajit also has developed an Ayurvedic skin care range that is based on authentic formulations from Vedas known as AYURDA. Available in Australia and New Zealand at leading health and wellness Spas and Retreats.

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