

2009

## techniSPA

### The ultimate body work out

Everyone, whether generously built or super slim knows that achieving body beautiful is a challenge. Ageing, genetics, weight loss or gain all contribute to unsightly skin that makes one cringe as soon as the long sleeved woolies, jackets, leggings are boxed for next winter and spring/summer arrives, be it the orange dimple textured skin, stubborn cellulite, sagging skin it all makes the cringe category.

The techniSPA by Guinot has been aiding men and women trim, tone and combat cellulite since 2007. This highly advanced, non-invasive treatment works on both the skin and the underlying muscles. Its unique lipo-dermo-sculpting technique makes the technispa the only body machine to provide three simultaneous body contouring/slimming actions in one single operation; (1) a physical kneading action to break down cellulite; (2) a biological action to dissolve cellulite and firm/lift skin; and (3) a muscular action that stimulates the muscles.

The ergonomic hand held massage head is equipped with a vacuum chamber and rollers to perform these actions. The vacuum chamber and the kneading rollers that are mounted on springs provide a deep kneading action that allows lymphatic drainage, reactive blood circulation and subdermal massage to dislodge and break down cellulite. The vacuum effect is regulated to suit client's level of skin sensitivity, mimicking the sensation of a relaxing massage.

The active ingredients from the ionized gels work at cellular level. Once applied on the skin, the galvanic current from the ionization rollers on the head help the active ingredients of the serums penetrate deeper into the skin. The contouring serum possesses the Liporeductine Complex, a complex of Slimactive and Cafeisilane C, as well as mate, horse chestnut and red vine to help dissolve, eliminate and drain fat. While the Firming/Lifting Serum is rich in Nuteline and Vitamin C to firm skin tissue as well as tone the epidermis thanks to the skin toning effect of Liffiline.

A mild, stimulating current, transmitted through the rollers causes muscle contractions. Stimulating the muscles in this manner drains fat deposits, firms tissues and stimulates oxygen flow to the blood improving microcirculation. Best of all it burns calories, all while you are relaxing lying down.

#### **The results:**

An effectiveness test conducted in the Metrology Department of Rand D Laboratory showed a 35 percent increase in thigh skin firmness and a reduction of 3.4 cm in the measurement of thigh circumference after 12 treatments. The skin was smoother, increasingly even and the 'orange peel' clearly diminished.

Lipo-dermo-sculpting has no unpleasant side effects like prickling, tightness, itching, redness, or bruising. For visible results, a 10-treatment course is recommended, however your Guinot therapist will be able to adapt and create a customised treatment course for your skin needs and budget.

For Guinot stockist please call **1300 300 954**, or visit the Guinot website at **[www.guinot.com.au](http://www.guinot.com.au)**.

