



Gwinganna Lifestyle Retreat wins international accolades

Gwinganna Lifestyle Retreat is the only Australian spa to receive three international accolades recently including Spa Finder's Favourite Spa in Australia, AsiaSpa Awards' Holistic Treatment of the Year and a place on the coveted Conde Nast Traveller Gold List for 2010.

Set in the Gold Coast hinterland offering innovative wellness programs, Gwinganna's international recognition comes just three years after the opening of this organic retreat. It is the second consecutive year that Gwinganna has been awarded Favourite Spa in Australia by the US based, Spa Finder Inc. Gwinganna was also named in the Top Ten spas of the World for Best Spa Manager.

"After seven years, our Readers' Choice Awards have become the industry's premier award program," said SpaFinder, Inc. President Susie Ellis. "For Gwinganna to be singled out again by our readers is a tremendous honour."

Gwinganna was the only Australian spa recognised at the recent AsiaSpa Awards in Hong Kong winning Holistic Treatment of the Year for 'Sound and Stone Therapy'. Developed by senior therapist, Craig Howorth the treatment incorporates a fusion of integrated bodywork where massage is choreographed with music, hot stones, human voice and percussive instruments. Craig uses a purpose built, sound proofed room in Gwinganna's 33-room Spa Sanctuary.

The most recent accolade comes from the respected Conde Nast Traveller magazine, featuring Gwinganna in the 2010 Gold List, a collection of properties worldwide. Gwinganna is the only Australian spa or retreat to be included in the prestigious list.

Gwinganna offers a range of different retreats starting on set dates. A two night weekend retreat starts from \$980 per person, fully inclusive of all organic meals, accommodation, all activities, use of facilities and \$250 spa credit per person. Sound and Stone therapy is available in 80 minute sessions for \$235. Visit www.gwinganna.com or phone 1800 219 272.

- Ends

Gwinganna Lifestyle Retreat stands apart as a destination that will inspire the desire to live a healthier life. Australian owned and located in the Gold Coast hinterland offering innovative wellness programs, specialty spa treatments, superb organic cuisine and extensive facilities including the unique Spa Sanctuary. Just 30 minutes from Gold Coast airport with various accommodation options including three luxury villas, and two Signature Villas. Packages are fully inclusive of all organic meals, accommodation, all activities and selected spa treatments/spa credit.

Winner – Spa Finder Crystal Award for Favourite Spa in Australia 2008 and 2009, Winner – AsiaSpa Award for Holistic Treatment of the Year 2009, Conde Nast Traveller Gold List 2010

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